The next session of Judge McEwen’s mentoring program for lawyers new to the practice of bankruptcy law is scheduled for Tuesday, December 17, 2019 from Noon to 1:30 p.m. in the bankruptcy court’s training room on the 5th floor, Sam M. Gibbons U.S. Courthouse in Tampa. Judge McEwen’s special guest for this program is:

JOHN LESKO, Florida Lawyers Assistance Outreach Representative

Program Description

Mr. Lesko will directly address the features of a legal practice, how and why lawyers are so often impacted by the stressors inherent to the profession, and ways that lawyers can try to protect themselves and their peers from experiencing conditions that damage career performance, reputation, and personal satisfaction.

Subtopics:
- Stress of Legal Practice and Its Effects
- Compassion Fatigue and Its Impact on Performance
- Common Personality Traits of Lawyers
- Lawyers’ Susceptibility to Stress-Related Symptoms
- Treatment and Self-Care Methods

> FREE MENTAL HEALTH CLE CREDIT <

Experienced attorneys are also welcome to attend.

No RSVP needed.

* Anyone planning to attend is encouraged to send questions for our speaker(s) in advance to Judge McEwen’s Law Clerk, Lisa Scotten, at lisa_scotten@flmb.uscourts.gov
### About the Mentoring Program

Each quarter, Judge McEwen will have a short program on the basics of lawyering in bankruptcy court. Participating lawyers will have the opportunity to discuss and ask questions concerning the topics discussed as well as raising other issues or questions of interest or concern. In this way, answers will be available to new lawyers to help them work through problems and they are offered senior lawyer guidance to help them develop professionally, ethically, and responsibly.

Although the program is generally designed and geared for lawyers within their first five years of practice or new to the practice of bankruptcy law, anyone is welcome.

Lawyers wishing to participate simply need to come. No "sign up" or registration is required. Participants are invited to bring a brown bag lunch if they wish. Canned drinks are available from the vending machines open to the public on the 3rd Floor of the Courthouse.

There is an e-mail distribution list for announcements and other communication with the participants. **If you'd like to be added to this distribution list, please e-mail Judge McEwen’s Judicial Assistant, Dedra Gann at dedra_gann@flmb.uscourts.gov.**